



# Dietitian Services – HealthLink BC

## HealthLink BC

HealthLink BC provides access to non-emergency health information and advice in British Columbia. Information and advice is available on our website or by calling **8-1-1**. For more information visit: [www.healthlinkbc.ca](http://www.healthlinkbc.ca)

## Dietitian Services at HealthLink BC

Our registered dietitians offer telephone, email, and web-based nutrition services to support the nutrition information, education, and counselling needs of B.C. residents and health professionals.

### Hours of Operation: Monday to Friday 9am - 5pm Pacific Time



Call **8-1-1** to speak with a registered dietitian. Translation services are available in over 130 languages.



Email a HealthLinkBC Dietitian your questions about food and nutrition: [www.healthlinkbc.ca/emailedietitian](http://www.healthlinkbc.ca/emailedietitian)

Visit our website to learn about making healthy eating and lifestyle choices: [www.healthlinkbc.ca/healthyeating](http://www.healthlinkbc.ca/healthyeating)



Request referral forms. Health care providers can call **8-1-1** for telephone nutrition counselling referral forms.



### Specialized Programs and Services

**Eating and Activity Program for Kids:** supports children, teens and their families to reach healthy weights and improve their overall health and quality of life.

**Pediatric Nutrition Service:** supports parents, caregivers, children, and health professionals to manage nutrition issues such as picky eating and feeding problems, failure to thrive, vitamin and mineral supplementation, and nutrition concerns among children with special health needs.

**Provincial Food Policy Service:** provides nutrition and food science expertise to the food services industry, health professionals, and public. Supports provincial food regulations, policies, and best practices for a healthier food supply and healthy eating promotion.

**Oncology Nutrition Service:** supports the nutrition needs of people living with cancer before, during, and after cancer treatment.

**Allergy Nutrition Service:** supports the nutrition needs of infants, children and adults with food allergy. Advanced practice consultation is offered to health professionals seeking to serve the nutrition needs of clients with food allergy in their community.

**Resource Management:** creates, translates, and distributes evidence-based food and nutrition guidelines and resources to help guide professional practice and support healthy lifestyle choices for the public.



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