

Coronavirus disease (COVID-19)

Last updated: October 23, 2025

Coronavirus disease (COVID-19) is a respiratory illness caused by the virus SARS-CoV-2. Symptoms of COVID-19 are similar to other respiratory illnesses, including influenza and the common cold.

Get immunized against COVID-19

Immunization is safest and most effective way to protect yourself against severe illness from COVID-19.

Updated COVID-19 vaccines are available free of charge for B.C. residents during the 2025-26 immunization program. These vaccines help protect against serious illness from COVID-19.

To get immunized against COVID-19 visit Government of British Columbia: COVID-19 immunizations.

To learn more about COVID-19 vaccines, vaccine recommendations and managing common side effect, visit HealthLink BC File #124a - COVID-19 mRNA vaccines.

Symptoms

To learn about COVID-19 symptoms, what to do if you are feeling ill, and who may be at higher risk for complications, visit:

- BC Centre for Disease Control: If You Have COVID-19
- BC Centre for Disease Control: Symptoms

Testing

A COVID-19 test is recommended when its result will help you and your health care provider make decisions about your treatment or care. For more information about who needs testing, visit: <u>BC Centre for Disease Control</u>: Testing for COVID-19.

Some symptoms could be signs of other conditions or medical issues and you may need to seek medical care, even if it's not related to COVID-19. If you feel unwell and are unsure about your symptoms, contact your health care provider or call **8-1-1**.

Rapid Antigen Tests

You can use a rapid antigen test at home to find out if you have COVID-19. The results will be ready in less than 20 minutes.

Free rapid antigen tests may be available at <u>many community pharmacies</u>. You don't have to show ID. If you can't go to a pharmacy, a friend or family member can pick up a test kit for you.

A positive rapid antigen test is acceptable for getting treatment, if you are eligible.

Learn more about how to use a Rapid Testing kit and what the test results mean:

• BC Centre for Disease Control: Rapid Testing

Treatment

There are some specific treatments available for COVID-19. For more information, visit <u>BC Centre for Disease</u> <u>Control: Treatments</u>.

To find out if treatment may be right for you, visit the <u>Province of British Columbia: COVID-19 testing and treatments</u> page.

If your infant is less than 3 months of age and has a fever or shows signs of illness, they should be seen by a health care provider. For more information, visit <u>BC Centre for Disease Control: COVID-19 illness in children</u>.

For additional information on COVID-19 treatments, visit:

- BCCDC: Patient Information about Paxlovid (PDF, 163KB)
- BCCDC: Questions and Answers: Nirmatrelvir/ritonavir (Paxlovid) (PDF, 180KB)
- BCCDC: Patient Information about Remdesivir (PDF, 210KB)
- Province of British Columbia: Paxlovid for B.C. residents

When seeing a health care provider, please tell them:

- Your symptoms
- Where you have been travelling or living
- If you had close or prolonged contact with a sick person, especially if they had a fever, cough or difficulty breathing

Useful resources

For a list of trusted sources that HealthLinkBC uses to provide British Columbians with health information and advice, visit www.HealthLinkBC.ca.

For information and updates on COVID-19 in other languages, visit:

• COVID-19 immunizations

American Sign Language videos are also available.

If you have concerns or questions about your health, contact <u>8-1-1</u> at any time or speak with your health care provider.