

# Vaccine superhero: Jesse's story



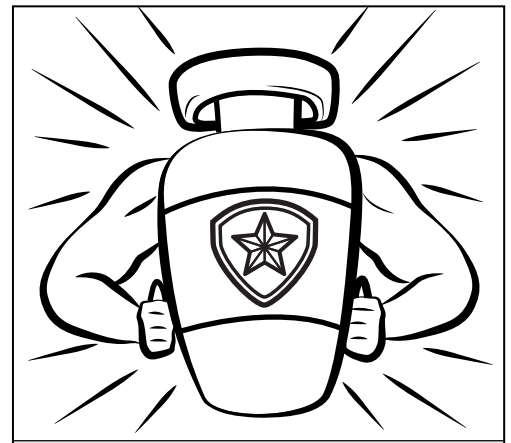
BC Centre for Disease Control  
Provincial Health Services Authority



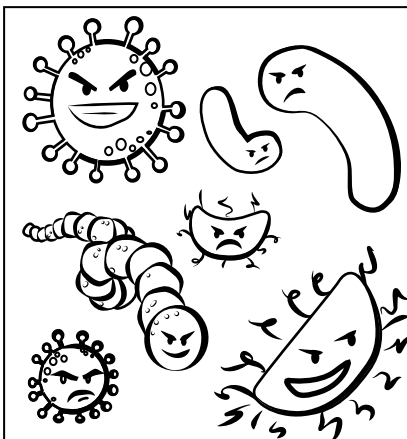
Jesse is going to get a vaccine and is a little nervous.



"Why do I need this vaccine?"



"Vaccines are like a very special kind of a superpower, Jesse!"



"Many illnesses are caused by germs too tiny to see."



"Vaccines work like an invisible force field which protects you against illness."



"Vaccines are so powerful, they even help keep people around you safe."



Jesse brought a favourite toy and used belly breathing to feel calm. There was a tiny pinch on the arm and it was over. "That was easy!"



Jesse is now a vaccine superhero! They are helping to protect their community from illnesses.