## Resources

Are you registered on the <u>Health Connect Registry</u> and waiting to be attached? These additional resources, services and support are available in your community while you wait to be attached.

- Search for primary care health services and support in your community on the Central Okanagan Primary Care Network (PCN) page: <u>Central Okanagan Primary Care Network | HealthLink BC</u>
- HealthLink BC 8-1-1 Services provides free health information and advice, 24 hours a day, by phone, chat, text and web. HealthLink BC has many knowledgeable health care professionals available to answer your questions. You can get help with variety of health topics or find information about health services in B.C. Translation services are available in over 130 languages: HealthLink BC 8-1-1 Services | HealthLink BC
- Pathways Medical Care Directory is an online, publicly-accessible community resource directory
  that helps individuals find healthcare providers, specialists, clinics and other local services to
  connect with the care they need: <a href="https://www.pathwaysmedicalcare.ca">www.pathwaysmedicalcare.ca</a>
- The BC College of Family Physicians <u>recommends</u> calling <u>HealthLink BC 8-1-1 Services</u> or speaking with family, friends and health care providers about opportunities to connect with a family doctor or other primary care provider.
- Walk-in clinics provide access to non-urgent medical care for people who need health advice, assessment and or treatment for minor illness and injuries. Find a local walk-in clinic in your area: Walk-in Clinics | HealthLink BC
  - o Medi-Map can help you to see current wait times for many walk-in clinics.
- Pharmacists are an important part of your health care team and offer a variety of services. Learn
  more about how pharmacists can help you with minor ailments and prescriptions: <a href="Pharmacy">Pharmacy</a>
  services in B.C. | HealthLink BC.
- For more urgent care needs, visit an Urgent Primary Care Centre (UPCC) in Kelowna, West Kelowna or Rutland: <u>Urgent and Primary Care Centres | HealthLink BC</u>
- To view your lab results online, you can register with My Care Compass, a secure service available through Valley Medical Labs at MyCareCompass. For assistance, call 1-888-522-7758.