

## Water Safety

Playing in and around water is fun, soothing and good for your toddler's development.

You can make it safer by:

- supervising and staying within arm's reach whenever your child is around water
- holding hands when you're at the beach or near a pool or pond
- having your child wear a well-fitting, government-approved life-jacket when he's around water or in a boat



### DANGER

It only takes seconds for a toddler to drown, so stay within arm's reach – even if he's wearing a life-jacket.

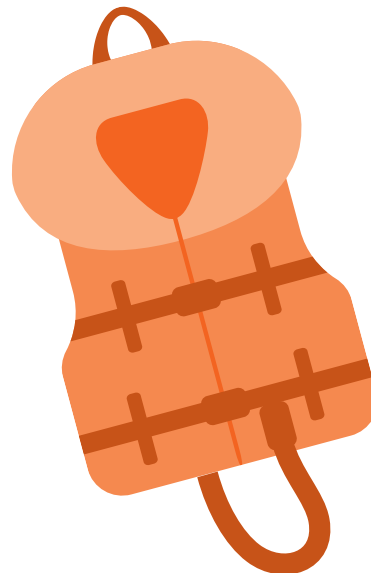


### DID YOU KNOW

A life-jacket is safer than a personal flotation device (PFD). Life-jackets float better and will keep your toddler's mouth out of the water.

### Safer Baths and Bathrooms

- ✓ Turn your water heater down to 49°C (120°F) to help prevent burns.
- ✓ Check the water temperature with your wrist or elbow before putting your child in the tub.
- ✓ Use warm water, not hot.
- ✓ Teach him to sit, not stand, in the tub.
- ✓ Use a toilet seat lock.
- ✗ Don't let your toddler play with sink or tub taps.
- ✗ Don't use a bath ring or bath seat as a substitute for supervision.
- ✗ Never leave your toddler alone in the bathroom.



### Safer Pools and Garden Ponds

- ✓ Empty your toddler pool when you're not using it. Turn it upside down so it won't collect rain.
- ✓ Cover and lock a hot tub that's not being used.
- ✓ Ensure any nearby pool is fenced and covered, and that pool chemicals are locked away. Be sure there's nothing your child could climb on to get into the pool area.
- ✓ Teach your child to play safely around water – no running, pushing, diving or unsupervised swimming.
- ✗ Don't let your child use a hot tub, which can overheat him.
- ✗ Don't rely on toys like water wings or air mattresses to keep your toddler safe.
- ✗ Don't rely on a pool cover to keep a child out.



### DID YOU KNOW

Swimming lessons don't mean your toddler is safe in the water. Always supervise him and stay within arm's reach.