



Dietitian Services at HealthLink BC

Registered dietitians at HealthLink BC offer nutrition information, education and counselling to B.C. residents of all ages, and to health professionals. You can access these services by telephone or email.

Our registered dietitians can offer nutrition care and answer your nutrition-related questions about diabetes, high blood pressure, high cholesterol, gastrointestinal conditions, food allergies, weight management, cancer and chronic kidney disease.

They also provide tips on healthy eating, infant feeding, nutrients and supplements.

You do not need a referral to access services. Call **8-1-1** and ask to be transferred to a registered dietitian.

Hours of Operation: Monday to Friday 9am - 5pm Pacific Time



Call **8-1-1** (or **7-1-1** for the hearing impaired) to speak to a registered dietitian. Translation services are available in over 160 languages.



Email a HealthLink BC Dietitian a food or nutrition question:
www.healthlinkbc.ca/healthy-eating-physical-activity/email-healthlinkbc-dietitian.

Visit the HealthLink BC website for reliable food and nutrition information and resources, and to learn about making healthy eating and lifestyle choices:

www.healthlinkbc.ca/healthy-eating-physical-activity.



HealthLink BC

HealthLink BC provides reliable non-emergency health information and advice in British Columbia. Information and advice are available by telephone, on our website and mobile app, and in a collection of print resources. You may call HealthLink BC at **8-1-1** toll-free in B.C. For more information visit: www.healthlinkbc.ca.



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