



# Eating and Activity Program for Kids Referral

Fax completed referral to: 250-953-0493

Referring Practitioner: \_\_\_\_\_  
 Office Address: \_\_\_\_\_  
 Office Phone: \_\_\_\_\_  
 Office Fax: \_\_\_\_\_

Client Name: _____	Parent/Guardian Name: _____
Gender: _____	Relationship to Client: _____
PHN: _____	Address: _____
DOB: _____	Home Phone: _____
Date of Referral: _____	Alternate Phone: _____

- I confirm that the parent/guardian has authorized this referral.
- I confirm that the child (who has decision-making capacity) has authorized this referral.
- Growth Charts (Please attach with referral)

Weight: _____ <input type="checkbox"/> kg <input type="checkbox"/> lbs.	Height: _____ <input type="checkbox"/> cm <input type="checkbox"/> inches	BMI: _____ (kg/m <sup>2</sup> )	BMI: _____ percentile	BP: _____ mmHg	Waist Circumference: _____ <input type="checkbox"/> cm <input type="checkbox"/> inches
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### Medical History:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Dyslipidemia           | <input type="checkbox"/> Eating Disorder      | <input type="checkbox"/> Cognitive _____                         |
| <input type="checkbox"/> Hypertension           | <input type="checkbox"/> Depression           | <input type="checkbox"/> Asthma/Respiratory                      |
| <input type="checkbox"/> Metabolic Syndrome     | <input type="checkbox"/> Anxiety              | <input type="checkbox"/> Neurodevelopment                        |
| <input type="checkbox"/> Type 2 Diabetes        | <input type="checkbox"/> Psychiatric Concerns | <input type="checkbox"/> Activity Limitation/Physical Impairment |
| <input type="checkbox"/> Gastrointestinal _____ | <input type="checkbox"/> ASD                  | <input type="checkbox"/> Hearing or Visual Impairment            |
| <input type="checkbox"/> Sleep Disorder _____   | <input type="checkbox"/> ADHD                 | <input type="checkbox"/> Other _____                             |

**Bloodwork:** Bloodwork is recommended. Please include the following tests plus other relevant results that have been completed within the past 6 months

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Hematology Profile | <input type="checkbox"/> Lipid Profile | <input type="checkbox"/> Basic Metabolic Profile |
| <input type="checkbox"/> TSH                | <input type="checkbox"/> Albumin       | <input type="checkbox"/> Alk Phos                |
| <input type="checkbox"/> AST                | <input type="checkbox"/> ALT           | <input type="checkbox"/> Other: _____            |

**Additional Information:** Does the family have any of the following issues/barriers that could inhibit weight management?

- Financial Issues
- Family/Social Functioning
- Literacy Barriers
- Translation services are available. Please specify language: \_\_\_\_\_
- Other \_\_\_\_\_



### To contact us:

Dial 8-1-1, ask for the Eating and Activity Program for Kids