



Scoring Summary for Freshly Made Food and Beverages*

Name of food service establishment:
 Date of scoring:
 Person providing scoring:
 Contact number:

Grain Dishes and Baked Goods

Menu Item	Amount per serving sold								Scoring
	Sodium		Sugars		Sugar Substitutes	Fat		Trans Fat	
	mg	450 mg or less? Y or N	mL	20 ml or less? Y or N	Free of sugar substitutes or sold at a secondary school? Y or N	g	7 g or less? Y or N	Meets trans fat restrictions? Y or N	If all answers are Y, write 'Sell'. If not, write 'Do Not Sell'
<i>ex. Blueberry muffin</i>	200	Y	15	Y	Y	5	Y	Y	<i>Sell</i>

* Scoring is based on the Checklist from the Guidelines for Food and Beverage Sales in BC Schools (2013 Edition)